



Health is a state of body. Wellness is a state of being.”
- J. Stanford

**Community Management Team
Meeting Minutes
April 12, 2018**

The Community Management Team (CMT) met on Thursday, April 12, 2018 at the Whitefield Town Offices from 9-11:00 am with 20 members in attendance. Initial introductions were made by the following individuals:

Karen Keller	SAU 36	Kim Spaulding	NCCA
Mike Cronin	SAU 36	Amy Jeroy	NCHS
Jen Butreau	Family Resource Ctr.	Lisa Couture	Head Start
Tamara Eastman	SAU 36	Mike Curtis	SAU 36
Steve Noyes	ACHS	Erin Bell	NHS-WMMH
Kristen Kenutt	Family Resource Ctr.	Terri Richardson	SAU 36
Gretchen Cook	Easter Seals	Brent Holt	SAU 36
Lynn Emery	SAU 36	Megan Fellows	Response
Jamie Gorman	SAU 36	Kelly Dussault	SAU 36
Molly White	Management Consultant	Mike Nevelyn	SAU 35
Jayne Cruger	SAU 36		

- As an icebreaker with the introductions, “Using one or two words, describe what the word “Community” means to you? Some of the words and phrases used were; “shared goals, people who care, common goals, a village, a sense of belonging, shared resources” - along with many, many others.
- Time was then taken to review both the established Group Norms as well as each of the Five Elements of the System of Care grant.
- The Google survey results regarding the CMT Mission Statement were reviewed. The most popular version (with approximately 68% of the vote) was reworked slightly as a result of several solid recommendations. The final version is as follows and everyone voted in favor with 3 people indicating they “could live with it”.

“The System of Care Community Management Team is a diverse group of dedicated individuals working in collaboration with area organizations toward a common goal of ensuring that the social, emotional, physical and safety needs of all children and youth in the White

Mountains Regional community are addressed sustainably.”

- The CMT was then asked to break out into smaller groups to represent the work of the following projects; MTSS-B work, Behavioral Health Team, Early Childhood, Wraparound work, Mindful Practices(SEL) and Family -Youth/Community Engagement. Each of these groups was asked to brainstorm project outcomes and processes to answer each of the following;
 - Where are you with your project currently?
 - Share successes and barriers to your projects.
 - Where do you hope to go from here?
- A brief synopsis follows:
 - 1. Behavioral Health Team -**
 - a. Discussed work on *Facilitated Referral Pathways* = help families/youth start the process of referral to community based mental health including the follow-up of this process.
 - b. In process of developing a script for uniformity when speaking with families (team approach) looking at assigning school specific designees to help facilitate and follow up on these community referrals.
 - c. At present nothing in place for in-school referrals (internal team counselors, social workers working on this).
 - d. Identified that communication is paramount for maximum for outcomes
 - e. Toolbox for teachers
 - f. All will make services more effective
 - 2. MTSS-B-**
 - a. At present **WMRHS** identified things already in place for Tier #1, i.e. Spartan Spotlight assembly where students are promoted positively and recognized for accomplishments
 - b. Friday teachers meetings - students work on “soft skills” that they will need to be successful in life
 - c. Tier #2 - nothing formally in place
 - d. Tier #3 - Students have counselors in place.
 - e. **WES & LES** - MTSS-B was formally PBIS but now it is being “remodeled”
 - f. **LES** - using STAR team versions 1 & 3
 - 3. Family/Youth Engagement-**
 - a. Starting to develop committee (dates/notifications will be sent out by chairperson Gretchen Cook)
 - b. Lots of activities are out there; Resilience Screening as an example
 - c. Getting families more involved in decision making (extend to families/youth for voice)
 - d. Ignite PTO’s
 - e. Look at stakeholder partnership to explore trauma- ACE’s-policy work.
 - 4. Early Childhood-**
 - a. Early Childhood Enhanced Care Coordinator program presently under development- roll out soon (will include both tier 1 & 2 supports and early childhood wraparound services for children ages 3-7 and their families).
 - b. Early Childhood Coordinator, Jamie Gorman, is networking with several organizations including The Family Resource Center (as family support specialists) and Infant Mental Health (through NHS)
 - c. Setting up intake criteria and needs/eligibility criteria
 - 5. Wraparound Services (FAST Forward 2020)-**

- a. Wraparound services are being fully implemented in the north country (nearly maximum capacity). Families report high rates of satisfaction. Wraparound is part of our MTSS-B structure, residing at tier 3+.
- b. Referrals can be made by anyone, and our eligibility coordinator is Michelle King from Northern Human Services.

6. SEL- Mindful Practices-

- a. Unable to report out on this project given time constraints.
- Finally an informative “Partner Spotlight” featuring Jen Buteau of the Family Resource Center, was presented. Jen highlighted the many services for children (birth-21) and their families, including pregnant mothers. The Family Resource Center offers comprehensive services with trained staff to help support children and families in the most culturally appropriate and sensitive way.