

# AREA Support Groups

## ALCOHOLICS ANONYMOUS

Hotline: 800-593-3330

### Weekdays, Noon—1:00 PM

Hope for Recovery—Berlin  
823 Main Street, Berlin, NH

### Tuesdays, 6:00—7:00 PM

### Fridays, 7:00-8:00 PM

St. Barnabas Church  
2 High Street, Berlin, NH

### Thursdays, 7:00 PM—8:00 PM

### Saturdays, 7:00 PM—8:00 PM

Androscoggin Valley Hospital  
Mt. Success Meeting Room  
59 Page Hill Road, Berlin, NH

### Wednesdays, 7:00 PM

### Sundays, 9:30—10:30 AM

Weeks Medical Center  
3rd Floor Conference Room  
173 Middle Street, Lancaster  
(603) 788-4911/weeksmedical.org

### Saturdays, 8:30—9:30 AM

Littleton Regional Healthcare  
Conference Rooms 1 & 2  
600 St. Johnsbury Road, Littleton, NH  
NH Area Assembly  
1-800-593-3330/aa.org

## AL-ANON

Hotline: 800-369-6930

### Tuesdays, 6:00—7:00 PM

First Congregational Church  
189 Main Street, Littleton, NH  
(603) 444-3376

### Wednesdays, 7:00—8:00 PM

The Salvation Army  
15 Cole Street, Berlin, NH

### Sundays, 6:00—7:00 PM

Trinity United Methodist Church  
18 Lancaster Road, Whitefield, NH

## ALZHEIMER'S CAREGIVERS

### 3rd Tuesday, 8:30 AM—3:30 PM

The Morrison  
6 Terrace Street, Whitefield, NH  
Tiffany Kenison (603) 752-3336  
tkenison@tccap.org/themorrison.org

## BEREAVEMENT SUPPORT

### 1st and 3rd Tuesday, 1:00 PM

North Country Home Health & Hospice  
536 Cottage Street, Littleton, NH  
Jolen Aubin, MSW—(603) 444-5317  
nchhha.org

## BRAIN INJURY & STROKE SUPPORT GROUP

### 2nd Wednesday, 6:00 PM

Ammonoosuc Community Health Services  
25 Mt. Eustis Road, Littleton, NH  
Jackie: (603) 616-1468  
Steve: (603) 444-2464 x 9123  
ammonoosuc.org

## BREAST CANCER SUPPORT

### 1st Wednesday, 3:30—5:00 PM

Dartmouth-Hitchcock Medical Center  
One Medical Center, Lebanon, NH  
(603) 650-7751/cancer.dartmouth.edu

## DIABETIC SUPPORT GROUP

### Tuesdays, 7:00 PM

Weeks Medical Center, Board Room  
173 Middle Street, Lancaster, NH  
(603) 788-4911/weeksmedical.org

### First Tuesday, every other month

### 6:00 PM January 2 & March 5

Androscoggin Valley Hospital  
Mt. Adams Meeting Room  
59 Page Hill Road, Berlin, NH  
Roberta Balon (603) 326-5692

## DOMESTIC VIOLENCE SUPPORT

Support Center at Burch House  
P.O. Box 965, Littleton, NH  
(603) 444-0624/www.tccap.org/  
services/health/domestic-violence/

## GRANITE STATE INDEPENDENT LIVING (GSIL) PEER MENTOR GRP.

76 Main Street, Littleton, NH  
Nicole Rockwell (603) 931-0500  
nrockwell@gsil.org  
Jennifer Crowell (603) 931-0488  
jcrowell@gsil.org/gsil.org

## NARCOTICS ANONYMOUS

### Mondays, 7:00 PM

United Methodist Church  
2057 Main Street, Bethlehem, NH  
(603) 869-2056  
na.org

### Mondays, 7:00 PM

North Country Serenity Center  
33 Main Street, Littleton, NH  
(603) 444-1300

### Tuesdays, 7:00 PM

First United Methodist Church  
18 Main Street, Littleton, NH  
(603) 444-5567

### Fridays, 7:00 PM

First Congregational Church  
189 Main Street, Littleton, NH  
(603) 444-3376

## NATIONAL ALLIANCE ON MENTAL ILLNESS (NAMI)

### 3rd Thursday, 6:30—8:30 PM

All Saints Parish House, School St. Littleton, NH

### 1st Monday, 6:00—7:30 PM

Lincoln Public Library  
22 Church Street, Lincoln, NH  
For either location, contact:  
Susan Allen-Samuel  
(603) 225-5359 x328/nami.org

## OVEREATERS ANONYMOUS

### Tuesdays, 5:30 PM

All Saints Episcopal Church  
35 School Street, Littleton, NH  
(603) 444-3414

## PARKINSON'S SUPPORT GROUP

### 4th Tuesday

Eastern Slope Inn  
2760 White Mountain Highway,  
North Conway, NH  
Call for information: Maureen Chamberlain  
(603) 356-2545 mmchambo@gmail.com

## SUICIDE/LOSS SUPPORT GROUP

### 1st Thursday, 6:30—8:00 PM

Weeks Medical Center  
173 Middle Street, Lancaster, NH  
Call for more information:  
Richard Cotter (603) 219-8912  
Sara Cotter (603) 631-5629  
weeksmedical.org